



welcome to your

Costa Rica

Birding Adventure

SAMPLE 7-DAY JOURNEY · HIGH SEASON (FEBRUARY)

TRAVELERS

2 Adults

Pricing basis · private & tailored

JOURNEY

7 Days

Cloud Forest · Sarapiquí

CURATED BY

EcoRide

Costa Rica

△ All prices in this document are examples only, not fixed rates.

Rates vary by season, destination, group size and lodge availability — your personal itinerary is quoted and confirmed before anything is booked.

¡Pura Vida!

THE ONLY WAY TO TRAVEL



at a glance

Your Week in the Wild

From the cloud forest near Volcán Poás down to the rainforests of Sarapiquí, this is a journey built for birders — quetzals and hummingbirds at altitude, then nearly three-quarters of Costa Rica's species in the lowlands. Every transfer, guide and lens is handled by your EcoRide team. Sit back and watch for toucans.



DAY 1 • MONDAY

Welcome to Costa Rica

Airport pickup and a smooth transfer up to the cloud forest near Volcán Poás.



DAY 2 • TUESDAY

Poás Volcano & Doka Coffee

High-altitude birding, the steaming crater, and a classic coffee estate.



DAY 3 • WEDNESDAY

La Paz Waterfall Gardens

Hummingbirds, rescued wildlife and five waterfalls, lunch included.



DAY 4 • THURSDAY

Laguna Hule, then Sarapiquí

A hidden birding lagoon at dawn, then down into the rainforest.



DAY 5 • FRIDAY

La Selva & River Safari

70% of the country's birds, then a boat safari with Michael Jiménez.



DAY 6 • SATURDAY

Your Choice: Arenal or Chocolate

Volcano birding up north, or a cacao tour with Pozo Azul birdwatching.



DAY 7 • SUNDAY

Hasta Pronto

A private return transfer to SJO for your flight home.



About the prices you'll see: every rate in this sample is an illustrative example based on a private trip for two in February (high season). Actual pricing varies with season, destinations, group size and lodge selection — tell us your dates and wish-list, and Michael will send a firm quote within 24 hours.



your home base

Where You'll Stay

Two hand-picked lodges in two ecosystems — both set in prime birding country with on-site dining, so the morning chorus is right outside your door.

Cloud Forest · Volcán Poás

3 NIGHTS · DAYS 1-4

Poás Volcano Lodge

Breakfast included · on-site restaurant

\$600

3 NIGHTS · SAMPLE RATE

Villa Calas

ALTERNATIVE

Without breakfast · on-site restaurant

\$450

3 NIGHTS · SAMPLE RATE

Rainforest · Sarapiquí

3 NIGHTS · DAYS 4-7

Selva Verde Lodge

Breakfast & taxes included · deep in the rainforest

\$800

APPROX. · SAMPLE RATE



We'll send you photos of every lodge and room, so you can choose with complete confidence before we confirm your reservation.



Lodge rates are examples. Room rates change with season and availability, and different lodges (or room categories) can be substituted to fit your budget. Final lodging costs are confirmed in your personal quote.



DAY ONE · MONDAY

¡Bienvenidos!

your adventure begins

→ AIRPORT TRANSFER

\$100

SAMPLE RATE · TRANSFER 01

SJO Airport → Cloud Forest

A warm welcome and an easy hour's drive up into the cloud forest near Volcán Poás.



SJO Airport



Cloud Forest Lodge · Poás

ARRIVAL

On arrival

PASSENGERS

2 Adults

SERVICE

Private Pickup & Transfer

Look for your driver just outside arrivals with an EcoRide sign — your name will be on it. Cold water and A/C waiting in the van.

DAY TWO · TUESDAY

Volcán Poás & Café Doka

crater views & high-country birds

🌋 GUIDED BIRDING TOUR

\$380

SAMPLE RATE · FOR 2 GUESTS

The Volcano & the Coffee Estate

An early start for the best light and birdsong — the steaming Poás crater, then the historic Doka coffee plantation, with birding throughout the morning.

DEPARTS

6:30 AM

RETURNS

1:30 PM

INCLUDES

Guide · Transport

- ◆ Active Poás Volcano crater lookout
- ◆ Birding along the route

- ◆ Doka Estate coffee tour & tasting
- ◆ Naturalist guide & private transport

Watch the highlands for high-altitude specialties — quetzals and hummingbirds that live only at this elevation.



DAY THREE · WEDNESDAY

La Paz Waterfall Gardens

hummingbirds & hidden falls

■ BIRDING & WILDLIFE

\$500

SAMPLE RATE · FOR 2 GUESTS

Five Waterfalls & a Wildlife Refuge

A full day among five waterfalls, hummingbird gardens, and native Costa Rican wildlife — including rescued animals — with lunch along the way.

DEPARTS

8:30 AM

RETURNS

2:30 PM

INCLUDES

Lunch · Guide · Transport

- ♦ Five-waterfall canyon trail
- ♦ Native & rescued wildlife exhibits

- ♦ Hummingbird & butterfly gardens
- ♦ Lunch, guide & private transport

DAY FOUR · THURSDAY

Laguna Hule

a secret birding lagoon

🦉 EXCLUSIVE BIRDING

\$450

SAMPLE RATE · FOR 2 GUESTS

Morning at Laguna Hule

A pristine crater lagoon kept just for the birds — beautiful, biodiverse and quiet. One of Michael's favorite spots in the entire country.

DEPARTS

6:00 AM

RETURNS

2:30 PM

INCLUDES

Guide · Transport · Optics



Cloud Forest Lodge



Selva Verde · Sarapiquí

Scenic transfer included: from the cloud forest we descend about 90 minutes to Selva Verde Lodge, deep in the Sarapiquí rainforest — your base for the next three nights.



DAY FIVE · FRIDAY

La Selva & the River

where the birds begin

 BIRDING + BOAT SAFARI

\$500

SAMPLE RATE · FOR 2 GUESTS

70% of Costa Rica's Birds

Dawn at the La Selva (OET) research station — home to roughly 70% of the country's birds — with an expert local guide and Michael Jiménez at your side. After a typical breakfast at a local *soda*, a river boat safari reveals birds, reptiles and wildlife in their habitat.

DEPARTS	RETURNS	WITH
5:45 AM	1:00 PM	Michael Jiménez

- ◆ Sunrise at La Selva (OET), guide included
- ◆ Typical breakfast at a local *soda*

- ◆ Boat safari — birds, reptiles & wildlife
- ◆ Photos by Michael Jiménez included

DAY SIX · SATURDAY

Your Choice

two ways to spend the day

 OPTION A · ARENAL

\$500

SAMPLE · 2 GUESTS

La Fortuna & Volcán Arenal

Drive 90 minutes north to La Fortuna for northern species, beneath the perfect cone of Arenal — active since 1968.

DEPARTS	RETURNS	INCLUDES
6:00 AM	1:00 PM	Meal · Guide

 OPTION B · CHOCOLATE

\$350

SAMPLE · 2 GUESTS

Cacao Tour & Pozo Azul

Discover cacao — the local crop — then a relaxed birdwatching session at Pozo Azul. Lunch included.

DEPARTS	RETURNS	INCLUDES
10:00 AM	4:00 PM	Lunch · Guide



DAY SEVEN · SUNDAY

Hasta Pronto

until next time, amigos

→ DEPARTURE TRANSFER

\$190

SAMPLE RATE · TRANSFER 02

Sarapiquí → SJO Airport



Selva Verde · Sarapiquí



SJO Airport

PASSENGERS

2 Adults

SERVICE

Private Drop-Off

TIMING

To suit your flight

SERVICE · SAMPLE PRICING

EXAMPLE AMOUNT (USD)

TRANSPORTATION

SJO Airport → Cloud Forest private transfer

\$100

Sarapiquí → SJO Airport inter-lodge transfer included

\$190

LODGING · 6 NIGHTS

Poás Volcano Lodge / Villa Calas 3 nights · with or without breakfast

\$450–\$600

Selva Verde Lodge, Sarapiquí 3 nights · breakfast & taxes included

\$800

GUIDED TOURS · FOR 2 GUESTS

Poás Volcano & Café Doka

\$380

La Paz Waterfall Gardens

\$500

Laguna Hule birding

\$450

La Selva (OET) & river safari

\$500

Day 6 — Arenal or Chocolate your choice

\$350–\$500

Estimated Total — Example Only

for 2 guests · 7 days / 6 nights · February (high season)

\$3,720 – \$4,020

✓ Included in every guided tour

Naturalist guide

Private transport

Optical equipment

Bird photography

Michael Jiménez



These prices are examples, not a quote. Rates vary by season and destination — high season (Dec–Apr), holidays, group size, lodge category and itinerary changes all affect the final price. Excludes international airfare. Tell us your dates and interests at ecoride.cr and Michael will reply with a firm, personalized quote within 24 hours.